### How to Register

Please register by September 16. Register online at www.christ4u.net or mail or fax this form to: Christ the King Church 3803 W. Lake Houston Pkwy, Kingwood, TX 77339 Fax 281-360-2965

| Name_______________________________ |
| Address _____________________________ |
| ____________________________________ |
| Day Phone___________________________ |
| Email_______________________________ |

How did you hear about this conference?

For Adult Respite Care on site call SarahCare Adult Day Care, 281-361-7000, before September 16.

1st workshop selection for 9:30 am (circle one)

| 1 | 2 | 3 | 4 | 5 | 6 |

2nd workshop selection for 11:00 am (circle one)

| 7 | 8 | 9 | 10 | 11 | 12 |

3rd workshop selection for 1:00 pm (circle one)

| 13 | 14 | 15 | 16 | 17 | 18 |

I consent to being photographed or videotaped during my participation and to the possible use of those photos in the media.

Signature______________________________

For More Information, call: Jadi Meyer, Christ the King Church 281-360-7936 or Becky Villarreal, CarePartners 713-682-5995 www.christ4u.net

### Session One 9:30 - 10:40

1. Managing Challenging Behaviors by Laura Strickland, RN, DHS, Silverado Kingwood
2. The Generational Impact in Caregiving by Laura McPherson, LPC, LMFT
4. Advocating for Your Loved One Within the Medical System by Jason Cooper, RN
5. Adaptive Equipment for Independent Self-care by Sarah Weigel, OTR MS
6. Different Types of Dementia by Jennifer Pippin, MAMFC, LPC, Silverado Care

### Session Two 11:00 - 12:10

7. The Perfect Match: How to Choose Appropriate Senior Living and Care by Donna Composto, Founder, & Becky Carmichael, LCSW, Mom’s Care Plan
8. Stages of Alzheimer’s and Adaptations of Care by Julie Kutsa, PhD, Professional Education and Research Specialist, Alzheimer’s Association
11. Managing Stress While Caregiving by Vic Mazmanian, Senior Director of Outreach, Silverado Care

### Lunch 12:10 - 12:50

### Session Three 1:00 - 2:10

14. Hope in Caregiving Through Faith & Spirituality by Vic Mazmanian, Senior Director of Outreach, Silverado Care
15. Medicare & Social Security by Eva Williams, Benefits Counselor, Harris County Area Agency of Aging
16. Understanding the Dementia Experience by Rebecca Axline, LCSW, Houston Methodist Neurological Institute Nantz National Alzheimer’s Center
17. The Fun, Magic & Healing of Laughter Yoga by Janet Carroll RN, The Laughter Nurse
18. How to Start the Difficult Conversation by Jackie Younger, LCSW, MBS, CALA — Executive Director, Brookdale Kingwood
Special Thanks

Sponsors
Arbor Terrace
Brookdale
Christ the King Church
Houston Hospice
CarePartners
Mom’s Care Plan
Regent Care
SarahCare Adult Daycare
Silverado Senior Living of Kingwood
SynapseSite.net

Exhibitors
Alzheimer’s Association
Autumn Grove Cottage
Cameo Caregivers
The Elder Care Network
Encompass Home Health
Great Life Home Care
HealthSouth Rehabilitation Hospital
Reach Healthcare Services
Rose of Texas Hospice
You’re First Home Health

Christ the King Church
and CarePartners
present the

Fall 2016
Caregivers Conference

Free skill-building and informative workshops for family members caring for a loved one. Free Adult Respite Care provided during the workshops.

Saturday, Sept 24, 2016
8:30 to 2:10 pm

Christ the King Church
3803 W. Lake Houston Parkway
Kingwood, Texas 77339
christ4u.net